

NORTHWEST NOTES

The Silver Peak railroad was completed on the 16th, and the first trainload of lumber was hauled into the new town of Blair, Nevada, at Silver Peak.

Many men known in the mining industry throughout the world gathered in Denver to attend the convention of the American Mining congress, held last week.

It is believed that the brutal murder of Secretary Reno Hutchinson, of the Spokane Y. M. C. A., was the crime of a footpad, not the work of a personal enemy, as was suspected at first.

William M. Alderson, for many years editor of the Bozeman Courier, is dead at Bozeman, Mont., of tumor of the stomach, after a long illness, aged 75. He was a native of Yorkshire, England, and came to Montana in 1886.

Announcement comes from Wyoming that the Burlington is preparing to begin construction work on the extension of the Trans-Montana line in Big Horn county on south through Thermopline, Shoshone, and to Denver.

Horace E. Voss, who was door-keeper of the fifth Utah legislature and the most prominent colored man in the state, was shot and instantly killed by A. T. Day, another negro. Voss had reproved Day for assaulting a smaller man.

The Oregon & Washington, Harriman's subsidiary corporation building to Seattle, brought condemnation proceedings to acquire a right of way through thirteen blocks of land lying between Fourth and Sixth avenues, Seattle. Harriman wants the property for a right of way to passenger terminals.

The Aetna Banking & Trust company (branch) of Washington, D. C., has been closed by direction of the acting comptroller of the currency and Robert Lyons has been appointed receiver. This company is a branch of the Aetna Banking & Trust company of Butte, Mont., which closed the following day.

Two trains collided near Monroe, Wash., killing Freight Engineer J. E. Hudson, Freight Fireman A. W. Restelle and Pat Sheridan, and injuring Passenger Engineer George Lawrence and Conductor Wetzel. It is alleged the wreck was caused by the freight not leaving Monroe on time. Several freight cars were demolished.

Five masked men drove a wagon up to No. 1 shaft of the Hayes & Monett lease on the Mohawk mine, at Goldfield, at 3 o'clock Saturday morning, covered the engineer and top men with guns and loaded up five sacks of ore valued at \$12,500. The robbery was a most daring one, and so unexpected that it was successful.

The register and receiver of the United States land office at Helena, Montana, has received a telegram from acting commissioner of the United States general land office, George Pollock, ordering withdrawal from entry of large areas of coal land in Montana, in pursuance of the recently announced policy of the president.

A warrant for the arrest of F. E. Garside, cashier of the Aetna bank of Butte, which closed its doors Friday under orders of the acting comptroller of the currency, was issued on the instance of a lady depositor, who had deposited \$10 in the defunct institution shortly before it closed. The warrant was not served, however, as the lady, with all others who had deposited money with the Aetna on Thursday, were refunded their money.

The Union Pacific railway is planning the construction of a cutoff between Plattville Colo., and Laramie, Wyo., which will eliminate all heavy grades between Denver and Laramie and shorten the distance to Salt Lake City.

Goldfield, Nevada, is doing by all odds the biggest telegraphic business of America, considering its size. The average daily number of messages sent out is crowding the 3,000 mark, and during the last few days has run close to 6,000.

The closing hours of the Hayes & Monett lease on the Mohawk mine at Goldfield, Nevada, will be signalled by the shipment of the richest carload of ore ever shipped from a mine. It will contain in the neighborhood of thirty tons, valued at \$1,000,000.

George Smith, of Elko, Nev., was run down and killed by a Southern Pacific train at Rosid, about 200 miles west of Ogden. The trainmen assert that the man walked directly in front of the train. Smith's body was taken to Elko on board the train which killed him.

In the finals of the most important stakes of the national curling meet at Hot Springs, S. D., the Waterloo cup was won by Mr. Blue, owned by Tonkin and Saunders of Butte, Mont. The Waterloo plate was won by Lord Blake, the property of L. F. Bartles of Denver.

Two men were killed, while more than a score of passengers were injured as the result of a head-on collision between two Santa Fe express trains near Manzanillo, Colorado. Both locomotives were totally demolished, as was the baggage car on the east-bound train.

O. P. Posey, acting for the Nevada Copper Smelting & Refining company, a New York corporation, has purchased the Lida-Thanksgiving mine, three miles east of Lida, Nevada, and announces that the company will build a smelter at Goldfield for the reduction of ores.

STORM STRIKES STATE OF UTAH

Damage Amounts to Tens of Thousands of Dollars in Salt Lake City

William Gibbs Was Killed at Ogden While Trying to Save His Barn, and J. H. Sorenson Was Killed at Murray—Several Salt Lake City Injured.

Salt Lake City.—Damage which will run into the thousands of dollars, but which cannot now be accurately estimated, was caused by a windstorm of unprecedented fury and duration which swept over the city and county from before midnight Saturday night and continued until Monday morning. For many hours Salt Lake was almost entirely cut off from communication with the outer world, with the exception of Park City, Bingham and Provo.

As a result of the destruction of telegraph lines, railroads were unable to run their trains, with the exception of the Salt Lake Route and the Rio Grande, southbound.

The wind reached a maximum velocity of sixty miles an hour, and for periods of many minutes maintained a velocity of fifty-two miles an hour, according to the registration at the local branch of the weather bureau.

J. H. Sorenson was killed at Murray and William Gibbs was killed at Ogden while endeavoring to save his barn, being struck by a flying plank. A number of men and women, including two firemen, were seriously injured here.

Some idea as to the velocity of the wind may be gained when it is stated that a train of freight cars on the Short Line near Kayville, and another on the Bamberger road were blown from the track and into the ditch. Plate glass windows were shattered and houses were unroofed all over the city.

Ogden suffered damage to the extent of more than \$100,000. At Ogden, in Davis county, the damage was more than \$10,000. The wind was particularly severe in Davis county, and the damage will be heavy.

Four men were injured in Salt Lake City during the progress of the storm, two seriously. That a great number of persons were not killed seems almost a miracle, as the falling trees swept hundreds of live wires across the streets and sidewalks, imperiling pedestrians.

HORROR GROWS EACH DAY.
News of Fearful Devastation of San Salvador Slowly Coming In.

San Salvador, Republic of Salvador.—Telegraphic communication with interior points has been restored and news of the disaster wrought by the terrific storm which has swept over the country is being received. Over 100 persons have been drowned in Cotepeque. A vast quantity of sulphur water was thrown out of the Chilo volcano and inundated the town of Panchanico, killing most of the inhabitants. From other points also reports of terrific devastation are coming in.

Pimlenito and other towns are reported to have been swept away by the floods. The schooner Azolene with a number of passengers on board has been lost between Corinto, Nicaragua, and Amalapa, Honduras. Everybody on board was drowned. The floods have disintegrated a number of corpses from cemeteries and are carrying them down the streams. It is reported that the railroads in Honduras have suffered serious damage.

Wire Damage Was General.
Salt Lake City.—The damage by the storm to overhead wire systems, including telephone, telegraph and power transmission lines, was general. All public service companies operating in and around the city were seriously handicapped. For a time Saturday night the city was completely shut off from communication with the north and west. Communication with Park City, Bingham and Provo was maintained at all times, the force of the storm being northward from the city.

Possible Changes in Cabinet.
London.—According to the morning Post, the close of the autumn or the beginning of the next session of parliament is likely to see important changes in the cabinet. Sir Henry Campbell-Bannerman, the premier, probably will be raised to the peerage and will lead the Liberals in the house of lords, remaining, however, as premier. This would enable the aged Marquis of Ripon to retire as a liberal leader in the lords and H. H. Asquith will become liberal leader in the house of commons.

Praise for Root and Taft.
New Haven, Conn.—Praise for Secretaries Taft and Root as men who were doing Christ's work in the world, formed a part of a sermon by Rev. Dr. Lyman Abbott of New York before the Yale students at Battell chapel on Sunday. Dr. Abbott did not mention the name of either but referred to one who had gone "to Cuba and brought order out of chaos," and to the other as one who had just made a journey through South America, harmonizing the north with the south.

Found in Polar Sea.
Buffalo, N. Y.—The buoy messages sent drift from Franz Josef land by the Baldwin-Ziegler polar expedition in 1901, have been found and forwarded to Evelyn B. Baldwin of Kansas, the founder of the expedition, who is now in this city. The messages were picked up on July 10, 1906, on Moffen island by Captain Strenson of the Arctic whaler Gottfried and forwarded to the state department by a United States consul. They were mailed to Mr. Baldwin from Washington and delivered to him here.

BAD WRECK ON RAILROAD CAUSED BY WINDSTORM

Entire Train is Blown From the Track, Near Layton, Utah, Thirty Cars Being Piled Up in a Heap.

Salt Lake City.—While the storm was at its height Saturday night a freight train on the Oregon Short Line railway, when between Wood's Cross and Layton, was blown from the track.

So great was the velocity of the wind between the two points named that the entire train, with the exception of the engine and tender, was blown from the rails. Thirty cars, which the engine was pulling at the time the train was struck by the full force of the wind, were piled in a heap beside the tracks.

INJURED DURING STORM.

Windstorm in Salt Lake Causes Much Damage and Three Men Are Hurt.

Salt Lake City.—Three men were seriously hurt, thousands of dollars damage was done to property, streets were stopped, telegraphic communication was shut off and the electric lights of the city extinguished by a windstorm that visited this city between 9 and 11 o'clock Saturday night.

Captain William G. Cahoon and Driver Fred Gulbranson of the fire department are at the Salt Lake hospital, seriously injured. Both were badly crushed by a tree falling across them as they were on a run to a fire alarm.

Homer Jay, an electrician in the employ of the Salt Lake Electrical company, received a severe shock while repairing a sign during the early part of the evening.

PACKING PLANT DESTROYED.

Fire Starts at Midnight, Causing a Loss of \$100,000.

Salt Lake City.—The new plant of the Utah Packing company near the stockyards is in ruins. It took fire at midnight Saturday, and two hours later was in ruins. The building cost \$100,000, and was practically ready for occupancy. During the past few days the plant has been receiving a thorough testing and it was expected to be put into operation soon.

The fire started in the south end of the building. Its origin is unknown and no reason can be suggested, as the place was entirely away from all the machinery. From this place the fire worked its way into the lard house and from the lard house into the part of the building containing the machinery.

MISSING MINER FOUND.

Man Believed to Be Dead Turns Up in California.

Salt Lake City.—E. H. Lee, formerly a prospector for the National Development company, who was lost while prospecting in Nevada last spring, has been located in Bakersfield, Cal. Lee left Salt Lake on April 23, and two letters were received from him from Caliente, Nev., dated April 25. Nothing more was heard from him and he was finally given up for dead.

Lee writes from Bakersfield that he had been sick and feverish, but that he had gone on purchasing some horses and supplies and started for Las Vegas. That was the last he remembered until he found himself in a hospital at Los Angeles, Cal.

He had been taken with typhoid fever and lost his reason, wandering for days alone on the desert. Finally he was found by an old friend who was prospecting in the Johnnie and Indian Wells country.

CAME HOME DRUNK.

Oklahoma Farmer Kills His Family and Commits Suicide.

Guthrie, Okla.—A special to the State Capital from Gage, Okla., says that O. B. Heyworth, a well-to-do farmer living seventeen miles north of that place, on Sunday morning shot and killed his wife, two daughters aged 22 and 18, and a son, aged 20. He then turned the weapon on himself, inflicting a mortal wound. Family troubles were responsible for the tragedy.

Conference at Executive Mansion.

Washington.—An important conference was held at the White House Saturday, those present being the president, Secretaries Root and Taft and Justices Day, White and Harlan of the United States supreme court. The purpose of the conference is not known, but the suggestion is made that it may have some connection with the selection of a successor to Justice Brandeis, who has retired.

Gigantic Packing House Combine.

Chicago.—The Evening Post prints a story to the effect that a gigantic combination of packing industries in this country is under way. No person connected in an official capacity with any of the large Chicago packing houses could be found who would confirm the story. The story printed in the Post is to the effect that the combination is to have an aggregate capital of \$500,000,000, and to be controlled from England, where the majority of the money is to come from.

Selby Abbey in Ruins.

Selby, England.—The famous old abbey church here, known as Selby Abbey, is a total ruin, the result of a fire which broke out in the organ chamber at midnight, Saturday. The local fire brigade was unable to quell the flames and the brigades from York and Leeds were unable to save the historic building, only the bare walls being left. Selby Abbey was considered to be one of the finest monastic edifices in England. It was founded in the twelfth century by the Benedictines.

STORM RAGING ON THE GULF

Hurricane Sweeps from Cuba to Florida Coast, Doing Much Damage.

At the Town of Miami Fully One Hundred Houses Were Blown Down and the Town is in a Demoralized Condition.

St. Augustine, Fla.—Frequent messages have been received at the wireless station here giving the progress of a severe hurricane which swept from Cuba to the lower east coast of Florida on Thursday.

Early Thursday morning the storm was reported in the vicinity of Havana, doing great damage there, but details are lacking. Later the storm reached Key West, blowing down houses and trees, being particularly severe along the water front. As the day wore on the storm reached Jupiter, where, it is said, the wind blew seventy-five miles an hour.

Trains in from Miami bring the news of terrible destruction by the hurricane there.

Fully 100 houses were blown down and the city is in a demoralized condition. The handsome churches of the Episcopal and Methodist denominations were both blown down. The concrete jail is leaning with danger of turning over and the prisoners had to be removed. The car shops are in the upper house of the floor of the Peninsula & Occidental steamer sheds. One two-story brick building collapsed.

VARDAMAN AGAINST THE NEGRO

Mississippi Governor Advocates Repeal of Fifteenth Amendment.

Chicago.—Announcement of a carefully planned campaign to secure the repeal of the fifteenth amendment of the constitution of the United States, that which gives the negro equality with the white man as a citizen, was made by Governor James K. Vardaman of Mississippi, who was in Chicago Thursday attending the Railway Surgeons' convention.

Governor Vardaman, who is seeking election to the United States senate, declared that if he won a membership in the upper house of congress he would make his fight on the floor of that body, believing that he had the support of the entire south.

He insisted that a crisis in the relation of the races in the southern states was at hand, and that the problem of white supremacy or black domination should be settled at once.

NEBOGATOFF NOT TO BLAME.

Ships Were in Sinking Condition When He Surrendered.

St. Petersburg.—The preliminary investigation into the surrender by Rear Admiral Nebogatoff of his squadron at the battle of the Sea of Japan is said to be decidedly favorable to the admiral. The latter, in the official protocol prepared for his approaching trial by courtmartial, emphasizes the hopelessly disabled condition of his two principal ships, the lack of ammunition and the exhaustion of the crews at the time of the surrender. The battleship Orel, instead of being almost unscathed, as stated shortly after the battle, was so damaged May 27, 1905, that her commander asked Admiral Rojestvensky for permission to destroy her. She was on the point of sinking the next morning. The battleship Nicholas I of the same squadron also was leaking, one of her twelve-inch guns was disabled and her boats were shot away.

MANIAC AT LARGE.

Dangerous Lunatic, Whose Vagaries Made Him Notorious.

Los Angeles.—Lucian W. Perkins, who acquired notoriety in this vicinity two years ago on account of his sensational persecution of Miss Cora Otten of Pasadena, daughter of a wealthy Chicago manufacturer, and who, finally adjudged insane and sent to the asylum at Highlands, escaped from that institution Thursday and is now at large. He is considered dangerous.

Hall Cost Ten Millions.

New York.—The Hall of Records, the city's \$10,000,000 office palace, just six years behind the promised date of completion, is at last ready for occupancy. Three county and city departments on Thursday moved their books and records into the building, and the huge mass of steel and bronze at Chambers and Center streets, furnished at a cost of nearly \$3,000,000, became the headquarters of county and municipal officials.

Automobile Went Over Embankment.

Waltham, Mass.—By the overturning of an automobile at the foot of a long hill between Mayland and Sudbury Center, Mrs. Fred N. Dillon of Fitchburg was killed and Mrs. George P. Grant, Jr., also of Fitchburg, sustained a fracture of two ribs and other injuries. George P. Grant, Jr., who was operating the machine, escaped practically unharmed. Grant is president of the Grant Yard company of Fitchburg, and was taking his wife and Mrs. Dillon to Boston to attend a theatre.

Violated the Eight-Hour Law.

Boston.—A verdict of guilty was returned Thursday in a test case brought against William E. Ellis, a local contractor, who was charged with violating the federal eight-hour law on work at the Charleston navy yard. The trial was held in the United States district court. The case resulted from complaints made from labor leaders who held that Ellis was employing men nine hours a day on government work. The defense claimed that emergencies made necessary nine hours work.

WIFE SERVED FOR DINNER BY BRUTAL KING OF ANNAM

Revolt Story Comes From French Possession in Indo-China, Which Is Ruled by Human Monster.

Marseilles, France.—The mail advices which reached here Wednesday from Indo-China brought another and more revolting story of the doings of King Thanh-Thai of Annam, showing that he went to the extent of cannibalism. After killing one of his wives he caused the body to be cooked and served for dinner, forcing his entourage to eat it under pain of death. Some of the king's wives were bound and burned with oil and subjected to other cruelties, while naked women were thrown into the cages with the beasts, where they were devoured before the eyes of the king. Finally the French authorities stepped in and made a prisoner of Thanh-Thai, who has been adjudged insane by Dr. Dumas of the French colonial staff.

"The royal guard" has been disbanded, the palace has been placed under the protection of 150 native soldiers and the terror-stricken inmates of the palace have been rescued from further suffering. The majority of the latter were women, who bore the marks of revolting tortures. Some of them were terribly mutilated, their faces being slashed and their tongues cut out, while others had been suspended by pinners attached to the fleshy parts of their legs to increase their agonies.

GETTING DOWN TO BUSINESS.

Mining Congress Urges Creation of a Department of Mines and Mining.

Denver.—Discussion of a bill to be introduced in the legislatures of all mining states, which provides for the creation of mine drainage districts, occupied the opening session of the American Mining congress in this city on Wednesday.

Before the congress was called to order the committee on resolutions met and received a number of resolutions. The only one reported to the congress was presented by Governor Pardee of California, and provides for the establishment by the general government of a new department to be known as the department of mines and mining, the head of which shall be a member of the cabinet.

A resolution was adopted favoring the enactment of a law by congress along the lines suggested by Governor Pardee of California, to prevent mining frauds.

The discussion of the district drainage bill continued at night, and the bill was unanimously endorsed.

DR. BROWER ACQUITTED.

Man Accused of Wife Murder Turned Loose After Jury Trial.

Toms River, N. J.—After a trial lasting about ten days, Dr. Frank L. Brower, indicted for the murder of his wife by poison, was acquitted on Wednesday. The court room was crowded when the verdict was returned. Men and women cheered and applauded in spite of the rapping for order, and the court officers had difficulty in suppressing the noise. As the doctor turned from the jury men, women and children pressed about the acquitted man, who finally backed up to a wall of the court room and grasped each extended hand as the crowd, shouting its congratulations, filed past him. A 14-year-old girl passed in the line long enough to kiss him. There were similar scenes in the streets.

Authorities Doubt That Suicide Compact Was Made.

Smithville, Mo.—Jesse L. Webb, a young St. Joseph merchant, was on Wednesday arrested here, charged with killing his 19-year-old bride of a week at this place on Oct. 11. At the time of the shooting Webb asserted that he and his wife had entered into a suicide pact, because he was incurably ill with tuberculosis, and that she shot him and then killed herself. At first it was believed that Webb was mortally wounded, but now it is said he will recover.

Girl Beaten and Robbed.

Oakland.—Miss E. Rogers, residing at 2124 Clement avenue, Alameda, was brutally attacked by a masked footpad near her home shortly after 7 o'clock Wednesday evening. The highwayman struck her several times, knocking her to the sidewalk; then snatched her purse and made away in the darkness. Miss Rogers had alighted from a Southern Pacific local and had walked eight blocks toward her home, when the thug stepped from behind a tree.

Corbett and McGovern Fight a Draw.

Philadelphia.—Terry McGovern and Young Corbett fought a hard six-round bout at the National Athletic club here. When the gang announced the close of the battle there was little to choose between the fighters. The fight was one of the bloodiest ever witnessed in this city. When the men appeared in the ring McGovern looked to be in the pink of condition, but Corbett, while he looked well about the face, was seven inches too large in girth.

Balloon Race Ended.

Berlin.—The balloon Franky, of the Frankish Air Ship club, Karl Hochstatter, aeronaut, the last of the airships which started from Tegel Sunday in the race for the international cup offered by Emperor William, came down Wednesday south of Gortitz, Prussian Silesia. All of the seven contestants have now landed without sustaining any casualties. The Ernst, the smallest of the balloons, Berlin Air Navigation society, Dr. Brockelmann, wins the race for the emperor's cup.

THEY CURE ANEMIA

Dr. Williams' Pink Pills the Most Successful Remedy for All Forms of Debility.

Anemia, whether it results from actual loss of blood, from lack of nutrition due to stomach trouble, or whatever its cause, is simply a deficiency of the vital fluid. Dr. Williams' Pink Pills actually make new blood. They do that one thing and they do it well.

"As a girl," says Mrs. Jessie Fink, of 150 East Mill street, Akron, Ohio, "I suffered from nervous indigestion and when I was eighteen years old I was reduced in weight to 93 pounds. I was anemic, nervous, couldn't eat or sleep, was short of breath after the least exertion and had headaches almost constantly. I had a doctor, of course, but I might as well have taken as much water for all the good his medicine did me. Finally my vitality and strength were so reduced that I had to take to my bed for several weeks at a time. I could not digest any solid food and for weeks I did not take any other nourishment than a cup of tea or beef broth."

"While I was sick in bed I read of Dr. Williams' Pink Pills and I stopped all other medicine and began to take the pills. Soon my improvement was very noticeable. My strength began to return, my stomach began to take solid food just as soon as I began to take solid food. I gained in weight. Dr. Williams' Pink Pills certainly saved my life. I am now perfectly well, have regained my normal weight of 120 pounds and I think Dr. Williams' Pink Pills are a wonderful medicine."

These celebrated pills are recommended for stubborn stomach trouble, for all cases of weakness and debility, such as result from fevers and other acute diseases. All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by Dr. Williams' Medicine Company, Schenectady, N. Y.

American Autos Abroad.

During the 12 months ended June 30, 1906, the value of American automobiles exported was \$3,497,016, which is \$1,000,000 more than during the previous year. England took the greatest proportion, \$1,194,705, with British North America second, Mexico third and France fourth.

Longest and Oldest Tunnel.

The near completion of the Pennsylvania tunnel reminds the American Israelite of the oldest known tunnel in the world, that of Shiloh, near Jerusalem. It was used as an aqueduct. The famous inscription, discovered a few years ago, celebrates the first meeting of the diggers from both sides. Newspapers did not appear in those days, and so the event cannot be exactly dated, but it most probably took place under King Hezekiah, about 700 B. C., and is an interesting testimony to the high state of civilization among the Jews at a time when Europe was inhabited by savages.

Round and Square Balls.

A few years ago there was started in Chelsea, Mass., a semi-secret political organization, and after a few meetings it was decided that a ballot box and ballots were needed. A brother made a motion that a committee be appointed by the chair to procure the same. A brother who was always suggesting amendments moved an amendment that the committee be instructed to procure round white balls and square black balls. Another brother asked him to describe a square ball, which brought the house down and caused the mover of the amendment to ejaculate: "You think you are d-d smart, don't you?"

Mr. Craigie's Address.

An amusing story of the late Mrs. Craigie, the noted novelist, was told the other day at the Author's club in New York.

"When Mrs. Craigie was in America last year," said the editor, "she was invited to make an address at a certain meeting. She accepted the invitation, but her name, through some oversight, was put far down on the programme, and worse than that, the chairman, a rather stupid person, introduced before her some speakers who were not on the programme at all."

"In short, it was close on to 11 o'clock when the chairman, with a pleasant smile, bowed and said: 'Mrs. Craigie, the eminent author of 'Some Emotions and a Moral,' will now give us her address.'"

"Mrs. Craigie rose and said, calmly: 'My address is No. 56 Lancaster Gate, Hyde Park W., London, and I now wish you all good-night, for I am far from home.'"

A FOOD CONVERT.

Good Food the True Road to Health.

The pernicious habit some persons still have of relying on nauseous drugs to relieve dyspepsia, keeps up the patent medicine business and helps keep up the army of dyspeptics.

Indigestion—dyspepsia—is caused by what is put into the stomach in the way of improper food, the kind that so taxes the strength of the digestive organs they are actually crippled.

When this state is reached, to resort to stimulants is like whipping a tired horse with a big load. Every additional effort he makes under the lash increases his loss of power to move the load.

Try helping the stomach by leaving off heavy, greasy, indigestible food and take on Grape-Nuts—light, easily digested, full of strength for nerves and brain, in every grain of it. There's no waste of time nor energy when Grape-Nuts is the food.

"I am an enthusiastic user of Grape-Nuts and consider it an ideal food," writes a Maine man:

"I had nervous dyspepsia and was all run down and my food seemed to do me but little good. From reading an adv. I tried Grape-Nuts food, and after a few weeks' steady use of it, felt greatly improved."

"Am much stronger, not nervous now, and can do more work without feeling so tired, and am better every way."

"I relish Grape-Nuts best with cream and use four heaping teaspoonfuls at a meal. I am sure there are thousands of persons with stomach trouble who would be benefited by using Grape-Nuts." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in page, "There's a reason."

American Civility Criticized.
Owen Owen, a dry goods man, who is in a large way of business in Liverpool, tells in the Draper's Record of the many attractions and conveniences American dry goods men furnish for their customers, but remarks: "One hardly ever hears the phrase 'Thank you' in an American shop. Without being actually rude, the assistants seem to lack some of the polish which is expected from them in this country."

Apple Slump.

Pare, core and quarter a dozen tart, juicy apples, pour over them a cupful of hot water and place in a saucepan on the back of the range. Let them stand five or ten minutes, then add two cups molasses. Cook ten minutes, cover with a paste made from a heaping pint of sifted flour, a teaspoonful of sugar and two of baking powder, with enough sweet milk to make a soft dough. Spread this over the apples, cover the kettle closely and cook 25 minutes without uncovering. Serve with lemon or foamy sauce.

Orders Thirty-Two Oil Burners.

The Mexican Central railroad has ordered 32 consolidated engines, equipped with oil burners, delivery to be made in November, December and January. The engines will be built by the American Locomotive company.

And at Your Expense.

"His idea